

OUR GENTLE SUPERVISED BRIDGE GAME AT ARMOUR HEIGHTS NEEDS YOU



After pausing our Gentle Bridge Game for the summer, Susan Trumper and I are anxious to get started again. I am returning to Face to Face lessons for beginners and advanced beginners, and these new players will also be looking for a safe place to hone their skills. This is not just a supervised bridge game; it is the first and only in person game in the area for novice players. At last check, bridge is meant to be played in person – not in front of a screen while doing dishes or laundry.

Judging by last year's popularity, it is easy to see what a benefit this game is to all novice players. But that didn't happen on its own. We had a strong group of volunteers guiding these players.

What do you need to volunteer at the Gentle Bridge game at Armour Heights?

- ✓ Being available on any Monday afternoon from 12 (ish)pm to 3:15 (ish)pm. Come once a month, come every week, once every two months, it doesn't matter! We need you! Any day you can give us is a huge bonus!
- ✓ You must LOVE bridge and be prepared to share your love with these beginner players.
- ✓ You must know how to count your hand, open the bidding, respond, rebid, No trump bidding with Stayman and Jacoby transfers, overcalls, doubles, 2♣ opener and responder, and Blackwood. Not much more than that.
- ✓ You must know basic "table manners" like welcoming new players at the table, counting your cards, saying "Thank you, Partner" and "Director, please!" We want to teach our players

- not only about bidding and playing bridge, but share with them the etiquette of this game.
- ✓ If you have answered YES to all the above then you are qualified to volunteer at our game.

BENEFITS OF VOLUNTEERING

The benefits are countless. Here are ten proven benefits of volunteering. Maybe one of them will convince you to join us on Monday afternoons!

1. Volunteering Builds Community
2. Ends Loneliness
3. Increases Socializing
4. Builds Bonds, Creates Friends
5. Develops Emotional Stability
6. Improves Self-Esteem
7. Promotes Longevity
8. Reduces Risk of Alzheimer's
9. Leads to Graceful Aging
10. Volunteering Adds Fun to Your Years

What's not to love about this list! Free Training provided too!

If the above has convinced you, and if you would like to help the growth of bridge and these new players, please contact me, Josée, at mjhammill@rogers.com.

Games are held every Monday, from 12:30 to 3:00 pm, at Armour Heights Presbyterian Church - 105 Wilson Avenue, Toronto.

